

Willow's Bend

THERAPEUTIC MASSAGE

Mobile Myofascial Release & Therapeutic Massage

For case managers & healthcare professionals

Mobile care for clients seeking support with muscle tension, restricted movement, and scar-related restrictions. Contact Heather to discuss service availability and whether her services may be an appropriate fit.

Professional background

Heather Stevens, BSc, LMT, CES | Texas massage license MT118391

Practicing since 2004. BSc in Sports and Health Science, graduated cum laude in 2021. Corrective Exercise Specialist through the National Academy of Sports Medicine. Continuing education includes Myofascial Release I, II, and Fascial Pelvis.

Services & treatment setting

Mobile myofascial release and therapeutic massage, performed with the client clothed. Treatment equipment is brought to the client's location. Chair massage is available on request. Services are not a substitute for medical evaluation or emergency care.

Availability & service area

Monday-Friday, by appointment only. Serving Copperas Cove, Fort Hood, Killeen, Harker Heights, Lampasas, Belton, Temple, Salado, Jarrell, Georgetown, and surrounding Central Texas communities. Availability depends on location and scheduling.

Rate & travel

\$125 for a one-hour appointment, including primary-area travel. Extended travel may be available when scheduling permits; any additional travel rate is confirmed before scheduling.

Discuss a potential referral

Call (254) 294-2632 to discuss the client's general needs, location, and availability. Please do not submit confidential patient records through the website contact form. Discuss an appropriate method of sharing any necessary information directly with Heather.

Insurance & professional coverage

Willow's Bend does not bill insurance directly. Clients pay for services and may request a receipt for possible reimbursement. Clients should confirm coverage, documentation, referral, and prior-authorization requirements with their insurer; reimbursement is not guaranteed.

Member of Associated Bodywork & Massage Professionals (ABMP), with professional liability insurance through ABMP.

Call or text: (254) 294-2632

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